



www.caterham.foodbank.org.uk

# Newsletter

Issue No 7 October 2017

## Harvest!

Thank you so much for all the wonderful harvest donations that are arriving at the moment. We are truly blessed by your generosity. Many schools and churches have been supporting us so thank you.

## Donations

Our website gives details of our current needs, so please take a look if you'd like to donate, or consider a financial donation.

We also really appreciate donations of new bags for life which we use to put the food in for our clients at the foodbank centre.

### Our Clients say:

*"I felt apprehensive going to the foodbank, but everyone was friendly. I wouldn't be put off if I needed to go again"*

*"Money's tight and the children are on school holidays, Citizens Advice sent me"*

*"I don't like asking for help but very friendly people made me feel welcome"*

*"I couldn't afford my rent, the landlord kicked me out and changed the locks"*

## Co-op Membership

Thank you for choosing to support Caterham Foodbank as part of the Co-op Membership. Earlier in the year we received a cheque for £1700! This is amazing!

The money helps us to continue helping people in crisis in our community and also our Christmas hamper project coming up.

## Supporting the Trussell Trust

Tesco have launched limited edition Christmas crisps - Candy Cane flavour! For every £1 bag sold the Trussell Trust will receive 15p. So why not give them a try!



Tesco clothing (F&F) are again supporting the Trussell Trust with their 'hat with a heart' range, with part of the proceeds of every hat sold going towards the charity.

## INFORMATION



## Opening times

Monday 12 noon to 2pm @  
Caterham Baptist Church,  
Beechwood Road. CR3 6NA

Thursday 12 noon to 2pm @  
Centenary Hall, Sacred Heart  
Church, Essendene Road. CR3 5PA



Caterham Foodbank provides 3 days worth of emergency food to local people in crisis.

The foodbank is part of the Trussell Trust, a Christian organisation.

## The Caterham 200 Club!

Could you be one of 200 people to commit to giving £5 a month or more to Caterham Foodbank? Regular giving helps us to continue to provide emergency food to local people in crisis and to budget effectively for the months ahead. If you're interested please email [info@caterham.foodbank.org.uk](mailto:info@caterham.foodbank.org.uk) and ask for details.

### Eat Well Spend Less

We're currently running another of our cooking courses. If you'd like to know about them or when the next one is please get in touch.

Caterham Foodbank Permanent Collection Points can be found in the following supermarkets.



CATERHAM ON THE HILL

Waitrose

CATERHAM

Sainsbury's Local

OXTED

## National Collection

We'll be collecting at Tesco Caterham Store on 1<sup>st</sup> and 2<sup>nd</sup> December. Please pop along and say "Hello"



## Caterham Foodbank

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