

## Thank you to Caterham, Oxted and Godstone Lions!

A huge thank you to Caterham, Oxted and Godstone Lions who donated £1,500 to Caterham Foodbank. This money was used to purchase treats to go in our Christmas hampers. 221 hampers were given to those in need in our communities.

It was a busy couple of days in December as we prepared the hampers and special thanks to staff at IHS Markit in Coulsdon who came to help us one morning, which was much appreciated.



### Our Clients say:

*"I feel ill and depressed, and my health is suffering. At the foodbank I felt valued, welcomed and understood. Now I know I have some basics for the next few weeks"*

*"I wanted to avoid coming, but when I arrived I was made to feel comfortable and less embarrassed"*

*"I told my mum how good it was"*

*"Thank you for your kindness for the hamper for my wife and I, it was very nice and welcome, and humbling to know there are still such kind people out there"*

## Tesco

We'll be at Tesco Caterham on Friday 16<sup>th</sup> and Saturday 17<sup>th</sup> March collecting money to support the foodbank.

The money helps us to continue helping people in crisis in our community. Please support us if you can.

(We won't be collecting food at this time, although you can still donate at the collection bin)

## Thank you for all your kind donations

Wow! In the run up to Christmas we had so many donations; large, small, individual, business, reverse advent calendars they were all hugely appreciated.

Thank you also if you donated at the food collection at Tesco Caterham at the beginning of December.



## INFORMATION



## Opening times

Monday 12 noon to 2pm @  
Caterham Baptist Church,  
Beechwood Road. CR3 6NA

Thursday 12 noon to 2pm @  
Centenary Hall, Sacred Heart  
Church, Essendene Road. CR3 5PA



Caterham Foodbank provides 3  
days worth of emergency food  
to local people in crisis.

The foodbank is part of the  
Trussell Trust, a Christian  
organisation.

## 2017

Sadly at Caterham Foodbank last year we fed more people than ever before, meaning there are more people regularly going hungry in our neighbourhood. We are however pleased that we have been able to help them, with your financial support and donations. Without them they would have had nowhere else to turn to, so thank you for your continued support.

## Eat Well Spend Less

We'll hopefully be running another of our cooking courses soon. The course teaches basic cooking skills and budgeting techniques. If you'd like to know about them or when the next one is please get in touch.

Caterham Foodbank  
Permanent Collection Points  
can be found in the  
following supermarkets.



CATERHAM ON THE HILL

Waitrose

CATERHAM

Sainsbury's Local

OXTED

## iBuy2Give

Look out for the launch of this  
exciting website, where money  
is donated to Caterham  
Foodbank from what you buy



## Caterham Foodbank

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